## IN THE CLAIMS

(currently amended) A head rest (1)—for a vehicle seat (3) including a backrest in a motor vehicle, with the head rest consisting of comprising:

an attachment (8) arranged positioned at the top of the said back-rest-of the vehicle seat, ;

a protective cushion (4);

and at least one or several supporting arms (5, 13) which protrudinge from -thesaid attachment and which supporting the said protective cushion (4),;

with thewherein said at least one supporting arms at their one end (7) being is pivotably attached to the said attachment about a first pivot shaft (9) and pivots around a first pivoting axis, and thesaid attachment exhibits both afurther including a first locking mechanism (20) which in a use position for the head rest is arranged to hold the locking least one supporting arm armsconfigured to hold said at pivotably in a locked about the first pivot shaftposition relative to the said attachment, and a first release mechanism which is arranged to, when activated, release the configured to release said first locking mechanism, for—thereby allowing pivoting of the supporting arms said at least one supporting arm, together with the said protective cushion, about the first pivot shaft, relative to said attachment;

characterized in that the protective and wherein said cushion (4)—is pivotably attached to the—said at least one supporting arms (5, 13) about a second pivot shaft (10) and in that a and includes a second locking mechanism (34) is arranged to, in said use position, hold the protective configured to hold said cushion pivotably in a locked about the second pivot shaft relative to the position relative to said at least one supporting arms, and in that a second release mechanism (17) is arranged to, when activated, configured to release the protectivesaid cushion from its pivotablythe locked position, for thereby allowing pivoting of the-said cushion relative to the-said at least one supporting arms.

- 2. (currently amended) Head rest according to claim 1, characterized in that The head rest of claim 1 wherein the activation of the said second release mechanism (17) is initiated as a result of the activation of theis operatively engaged with said first release mechanisms whereby said second release mechanism is activated by the pivoting motion of said at least one supporting arms.
- (currently amended) Head rest according to claim 2, characterized in that The head rest of claim 1 wherein the activation of thesaid second release mechanism (17) is done by means of theis activated by the pivoting movement of the supporting arms (5, 13) motion of said at least one supporting arm.
- (currently amended) Head rest according to claim 3, characterized in that The head rest of claim 1 further comprising the activation of the second release mechanism (17) is done by means of a maneeuvering bar (51) which at its one end (53) ishaving a first end and a second end wherein said first end is pivotably arranged at the connected to said attachment (8) in a pivot point and pivots about a second pivoting axis located at a distance from the pivot shaft (9) said first pivoting axis, and at its other end (52) is coupled to thewherein said second end is attached to said second release mechanism.

## 5.-6. (cancelled)